

Practicing the Way Course Study Guide



Be with Jesus ~ Become Like Jesus ~ Do as Jesus did

"Transformation is possible if we are willing to arrange our lives around the practices, rhythms, and truths that Jesus himself did, which will open our lives to God's power to change. In other words, we can be transformed if we are willing to apprentice ourselves to Jesus."

John Mark Comer, Practicing the Way, xvi-xvii

The eight-session, weekly, 30-minute webinar features John Mark Comer teaching how to be an apprentice of Jesus who is with Jesus to become like Jesus and do as Jesus did as you develop a "Rule of Life" to truly, "Take up your cross and follow me."

Join the global Jesus College student body of Christ discovering the life Jesus lived and offers you today, one you always believed was possible as an apprentice of Jesus. The course is based on John Mark Comer's #1 best selling book, "Practicing the Way", complemented by 8 videos produced and offered for free from practicingtheway.org. You do not have to purchase the book but we highly recommend it.

Each session offers wise application, winsome affirmation and weekly accountability of vision, intention and means for Christlikeness in the rhythm of your daily life.

[Jesus College](http://JesusCollege) — *"Learning from history's greatest teacher how to do what He taught!"*



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Miss or re-watch a session? — If you miss a session, or you want to study more, or would like to teach the material, the recorded sessions and slides (PDF) are posted in the [Jesus College Library](#) in addition to over 500 *free* resources including (23) ready-to-learn courses from Jesus College.

Special thanks to practicingtheway.org for providing valuable resources for free!

Your “V-I-M”** Participation

We encourage you to make your experience more than just a free webinar added to your Christian study routine. When you make this course an intentional discipline for spiritual growth—ideally with a partner or group to better learn, apply, and grow in Christlikeness—you will find the sessions will be a launch pad to rocket your growth in the way of Jesus into the Kingdom of the Heavens.

Here are a few suggestions to maximize this course.

- 1) WATCH the recommended teaching video by John Mark Comer before each session shown on page 4 of the study guide. Use each session summary (1-2 pages long) in this study guide (starting on page 5) for notes and studying scriptures.
- 2) INQUIRE - Bring your questions to digest the content and engage other students. Linger longer for the “Q&C” after each 30-minute session.
- 3) COMPLEMENT - Study the suggested reading from the book *Practicing the Way*.
- 4) PRACTICE - As part of your transformation, use the the V-I-M questions for each session and the accompanying spiritual practice as presented in each session’s tutorial video. Pages 13-20 of the study guide describe each practice.
- 5) ENGAGE - Find a community of people, ideally 3-5 followers of Jesus with whom you can share this journey beyond the next 8 sessions.

** V-I-M = *Vision-Intention-Means* — Dallas calls V-I-M the reliable pattern for spiritual change, or any change. As you envision a life of hearing God and truly intend to want to hear God, you will seek and find the means to practice a life of hearing God. For more on V-I-M, see *Renovation of the Heart*, chapter 5 ([Webinar on the book](#).) Another rich resource on V-I-M is in the [Life With God Bible](#) Introduction, xxv-xxxvi

A “V-I-M” teaching by Dallas Willard in “Healing the Heart” - [Video 6B](#) at 04:16

Practicing the Way 2025 Course Schedule

The eight-session, weekly, 30-minute webinar features John Mark Comer teaching how to be an apprentice of Jesus who is with Jesus to become like Jesus and do as Jesus did as you develop a “Rule of Life” to truly, “Take up your cross and follow me.”

Choose from three levels of participation:

LEVEL 1 — WATCH the teaching by John Mark Comer on free videos (link below) or [Practicing the Way YouTube](#) before each Jesus College session.

LEVEL 2 — After you WATCH the teaching and participate in the Jesus College session, PRACTICE the action for each session (link below) the next week. The practices are also in the Jesus College study guide.

LEVEL 3 — STUDY the suggested pages below from the *Practicing the Way* book as you WATCH the teaching videos and PRACTICE the way each week.

# & Date	WATCH ¹ (minutes)	PRACTICE ²	STUDY ³ (pages)
1 - 9/9/25	Following Jesus (18:21)	Prayer Rhythm	1-31
2 - 9/16/25	Formation 1 (14:03)	Formation Audit	32-63, 101-102
3 - 9/23/25	Formation 2 (17:09)	Daily Scripture	64-84
4 - 9/30/25	The Practices (15:10)	Sabbath	118-155, 174-205
5 - 10/7/25	Pain & Suffering (18:05)	Naming Emotions	112-117, 206-221
6 - 10/14/25	Healing from Sin (16:21)	Confession	84-102
7 - 10/21/25	Rule of Life (16:42)	Craft a Rule of Life	156-173
8 - 10/28/25	Life Together (19:21)	Community Life	108-112

Go to practicingtheway.org for teaching and practices plus testimonials and a companion guide. Consider inviting a small group of people to join you.

NOTES:

1 - Full John Mark Comer teaching on video (VIMEO)

2 - Short tutorial videos for each session’s practice from

The practices are summarized for each session in the Jesus College study guide.

3 - *Practicing the Way* reading suggested by Jesus College to align with session themes.

Session 1 — [Following Jesus](#)

[Video length 18:21]

“Come, follow me.” Jesus of Nazareth

Who am I following?

We are all following somebody. Put another way: We’re all disciples.
Not, “Am I a disciple?” “Who or what am I disciple of?”

Apprentices of Rabbi Yeshua - Jesus

Matthew 4:19

Be with Jesus

Become like Jesus

Do as Jesus Did

“Disciple” /də'sīp(ə)l/ (noun)

Am I a Christian or an Apprentice? And what am I saved to?

Practicing a Way of Life that is Life *“Whoever wants to be my disciple”*

Creating a daily prayer rhythm

~ ~ ~

Practicing the Way reading - pages 1-31

Spiritual Practice Tutorial Video Link - [Prayer Rhythm](#) & Study Guide p. 13

Personal Application

VISION - What does a 21st century disciple of Jesus look like to me?

INTENTION - “Whosoever may come.” Do I really want to follow Jesus?

MEANS - On what day(s) will I schedule the Prayer Rhythm?

Take the Spiritual Health Reflection from [PracticingtheWay.org](#)

Next Session 2 - [Formation 1](#)

Session 2 — [Formation 1](#) [14:03]

“Do not be conformed to this world, but be transformed by a renewing mind.” Rom. 12:2

Every Human is Spiritually Formed

The formation of our C _____.

The Forces of Formation Upon Us *Unintentional Formation*

Habits - What we do on a regular basis

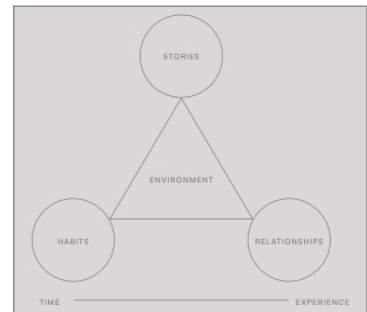
Relationships - Becoming like other people

The stories we believe - Pick them carefully

Environment - Becoming like the place we live

Time - The accumulation of change

Experience - What is done to us, especially family



Important for Me to Know

Who am I becoming? *What will I be like at 70, 80, or 90?*

Am I being intentional about who I am becoming?

The Habit of an Unhurried Life *"A call to do less, not more" PTW, p. 60*

~ ~ ~

Practicing the Way reading - pages 32-63, 101-102

Spiritual Practice Tutorial Video Link - [Formation Audit](#) & Study Guide p. 14

Personal Application

VISION - Who do I see myself becoming in 10 or 20 or 10,000 years?

INTENTION - What people and stories have shaped what matters to me?

MEANS - When will I schedule the Formation Audit?

Next Session 3 — [Formation 2](#)

Session 3 — [Formation 2](#) [17:09]

“Everyone who is fully trained will be like their rabbi.” Luke 6:40

Swimming Against the Current

Hitting the wall - *the shadow side* - of spiritual growth.

When church life as we know it no longer works.

Intentional Spiritual Formation *"Life architecture of discipleship to Jesus"*

To change the de-formation with counter-formation, we need...

~ Spiritual Practices *"AHA of Jesus!"* A _____ H _____ A _____

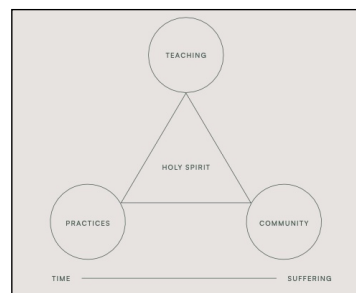
~ Community with Jesus & His Friends - *"Emmaus Road Companions"*

~ Teaching of God's Word *"Mind renewal"*

~ Holy Spirit Connection *"Gods' presence"*

~ Time *"Spiritual growth is long and slow"*

~ Suffering *"Trials & Tribulations"* Rom. 5:3-4



*You don't need to become a monk or a nun,
you just need to s _____ d _____ and I _____.*

~ ~ ~

Practicing the Way reading - pages 64-84

Spiritual Practice Tutorial Video Link - [Daily Scripture](#) & Study Guide p. 15

Personal Application

VISION - In what section of my life am I swimming against the current?

INTENTION - Am I ready to make choices to what I watch and read?

MEANS - What Bible practice will I do before bed and tomorrow morning?

Next Session 4 — [The Practices](#)

Session 4 — [The Practices](#) [15:10]

“Jesus got up early and went to a lonely place and prayed.” Mark 1:35

Taking on the Lifestyle of Jesus

Creating time and space to be with Jesus to become like Jesus.

Nine Basic Disciplines *PTW* book pages 181-190

Sabbath — an entire day set aside to stop, rest, delight, and worship.

Prayer — intentional time to communicate and commune with God.

Fasting — foregoing food to give myself more fully to Jesus, purge my body of sin, deepen prayer, and stand in solidarity with the poor.

Solitude — intentional “quiet” time alone with myself and God.

Scripture — immersing mind & imagination in scripture. *Scroll vs. scroll*

Community — life with other followers of Jesus - food & friendship.

Generosity — the giving of our money and resources.

Service — like Jesus meeting people’s practical needs, especially the poor.

Witness — practicing hospitality and preaching the gospel of Jesus.

The Practices are... *PTW* book pages 174-181

...not spiritual maturity measure, a bore, merit, virtue signaling, control.

...a means to an end: Be _____ Jesus to become _____ Jesus.

~ ~ ~

Practicing the Way reading - pages 118-155, 174-205

Spiritual Practice Tutorial Video Link - [Sabbath](#) & Study Guide p. 16

Personal Application

VISION - If spiritual practices are the means, what is the end?

INTENTION - Who has loved me intentionally with the love of God?

MEANS - When and with whom will I try a more sabbath-like next sabbath?

Next Session 5 - [Pain & Suffering](#)

Session 5 — [Pain & Suffering](#) [18:05]

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This is a new course so we are building this study guide as we go.
Thank you for your patience

~ ~ ~

Practicing the Way reading - pages 112-117, 206-221

Spiritual Practice Tutorial Video Link - [Naming Emotions](#) & Study Guide p.17

Personal Application

VISION -

INTENTION -

MEANS -

Next Session 6 - [Healing from Sin](#)

Session 6 — [Healing from Sin](#) [16:21]

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Practicing the Way reading - pages 84-102

Spiritual Practice Tutorial Video Link - [Confession](#) & Study Guide p.18

Personal Application

VISION -

INTENTION -

MEANS -

Next Session 7 - [Rule of Life](#)

Session 7 — [Rule of Life](#)

[16:42]

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This is a new course so we are building this study guide as we go.
Thank you for your patience

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Practicing the Way reading - pages 156-173

Spiritual Practice Tutorial Video Link - [Craft a Rule of Life](#) & Study Guide p.19

Personal Application

VISION -

INTENTION -

MEANS -

Next and Final Session 8 - [Life Together](#)

Session 8 — [Life Together](#)

[19:21]

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This is a new course so we are building this study guide as we go.
Thank you for your patience

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Practicing the Way reading - pages 108-112

Spiritual Practice Tutorial Video Link - [Community Life](#) & Study Guide p.20

Personal Application

VISION -

INTENTION -

MEANS -

Practice 1 - Developing a daily prayer rhythm

We need more than information for transformation. The practices of Jesus help to get the teachings of Jesus into the muscle memory of our bodies. They turn the idea of following Jesus into a reality in our daily life. And one of the best ways to begin to “be with Jesus” is by developing a daily prayer rhythm.

There’s no “right” way to do this — you may choose to go on an early morning walk with your dog or curl up under a blanket with a cup of tea or sit cross-legged on the floor and breathe deeply. You may pray the Psalms or let a prayer app guide your meditation. You may do this before the sun rises or as it sets.

Our exercise is to develop a daily time and place to commune with God through the practices of silence, solitude, and prayer. A few suggestions:

~ Find a quiet place that is distraction-free. This could be a corner in your home or a nearby park. Find somewhere that you can focus and be at peace.

~ Find a quiet time. For many people, first thing upon waking is the best possible time to do this; but for you, it may be before bed, or while your baby is napping mid-morning, or on a lunch break. The general rule is: Give God your best time of the day.

~ Come to quiet. If at all possible (unless you use Lectio 365 or Pray As You Go apps), put your phone away in another room. Start with a few deep breaths ...in and out of your nose, and let your mind and body calm down. This may take a few minutes. You’re not in a hurry. And then...

~ Open your heart to God in prayer. Again, there’s no “right” way to pray. But you don’t have to start from scratch. For thousands of years, followers of Jesus have used the Psalms for daily prayer. The Psalms are a collection of poetic prayers found in the middle of the Bible, and they were designed to be prayed, not just read. You can pray one psalm or pray a few; it’s up to you. You can start in Psalm 1 and keep going to pray a selection. If you want to pray one psalm, here are some we suggest you start with: Psalms 1, 23, 37, 40, 42-43, 63, 84, 86, 103, and 139.

This whole exercise can be done in five minutes, or it can easily take up to an hour. The key is: Start where you are, not where you feel you “should” be. If two or three minutes is all you can make happen, start there and take the next step.

Practice 2 - Formation Audit

Practice helps the information we take in become a part of who we are and transform our lives. Our exercise for this session is to take an inventory of all the forces that are currently forming you.

~ This is one of the longest exercises in this Course, and we recommend you carve out a quiet time and place to spend ample time in thoughtful reflection and prayer. This exercise may take more than 1 hour. A worksheet is available in the Practicing the Way companion guide, pages 31-36.

~ Invite the Spirit of Jesus to come and illuminate your mind, silence the voice of the evil one, and to “give you the Spirit of wisdom and revelation, so that you may know him better,” and that “the eyes of your heart may be enlightened.” (Ephesians 1:17-18)

~ Remember to answer honestly and non-judgmentally. You will likely feel your heart drift toward shame and denial, both of which will sabotage the effectiveness of this exercise.

~ Above all, do this exercise with God. Slowly and prayerfully, and with your heart at peace.

One — Write out your morning routine, your workday, your evening habits, and your eating and sleeping patterns.

Two — Write about your various relationships and your family history.

Three — Identify how these patterns and relationships are forming you. You might want to process this step with a wise, trusted friend, counselor, pastor, or spiritual director.

Try not to be judgmental, don't beat yourself up. Just write out all the forces in your life, past and present.

Ask yourself, “How are they forming me?” Are they leading me to a sense of life, and peace, and closeness to God. Or are they causing me to feel restless, anxious, and distant from God? As you continue the daily prayer rhythm you practiced last week, use some of that time to offer whatever feelings, desires, insights, or intentions you have to God and pray that the Holy Spirit will lead you onto the path to life.

Finish prayerfully reflecting on Psalm 139.

Practice 3 - Daily Reading of Scripture

This session's practice is to take the next step and replace an old habit with a new practice. And if it's not already a part of your daily life with God, we invite you to begin the practice of reading Scripture. The best way to do this is likely to add it to the daily prayer rhythm you began two sessions ago. Hopefully by now you're learning to carve out a quiet place and time, and come to quiet before God. A next step could be to integrate the reading of Scripture into your daily rhythm in a prayerful, peaceful way.

Here are a few reminders from the Prayer Practice:

~ Identify a quiet place that is distraction-free. This could be a corner in your home or a nearby park. Find somewhere that you can focus and be at peace. If at all possible (unless you're using an app to read or follow a reading plan), put your phone away in another room.

~ Identify a quiet time. For many people, first thing upon waking is the best possible time to do this; but for you, it may be before bed, or while your baby is napping mid-morning, or on a lunch break. The general rule is: Give God your best time of the day.

~ Come to quiet. Start with a few deep breaths ... in and out of your nose, and let your mind and body calm down. This may take a few minutes. You're not in a hurry.

~ Open your heart to God in prayer. Again, there's no "right" way to pray. But you don't have to start from scratch.

~ Read Scripture. Choose a section of Scripture or follow a Bible reading plan suggested in the "Keep Growing" section. (Companion guide p. 48) As you read, you might want to notice what resonates with you, what emotionally lifts off the page and into your heart. Your goal is to listen for Jesus' voice coming to you.

This whole exercise can be done in five minutes, or it can easily take up to an hour — again, that's up to you. The key is: Start where you are, not where you feel you "should" be.

Practice 4 - Sabbath

To grow, we need more than content; we need real, embodied practice.

In our age of exhaustion, Sabbath is one of the most neglected and most crucial of all the practices of Jesus. But it can be daunting to begin, as it's an entire 24 hours, and you're swimming against the current of our entire culture. Powerful forces keep us tethered to our devices, distractions, and the endless queue of work and responsibilities.

So, start small. If a full Sabbath day is too much for you, start with a Sabbath morning or afternoon. Set aside a few hours after church or early on a Saturday to embrace the four movements of Sabbath: stop, rest, delight, and worship.

Four things to keep in mind as you begin:

~ Begin by connecting with God. The Hebrew people called this "sanctifying the day," setting it aside from the other six days. You could light two candles, or pray a Psalm or share a meal or begin with Sunday worship at your church. But have a clear ritual or moment with God that begins and ends your Sabbath time.

~ If you can, spend part of the day with your family or friends who follow Jesus. You could throw a Sabbath meal or just spend unhurried time in conversation.

~ Do whatever makes you come alive in God. Nap, read poetry, play basketball with your kids. Pursue whatever activities make you feel joyful, rested, and alive to God; whatever it is you do that makes heart spontaneously burst into gratitude and worship.

~ Keep at it. Integrating Sabbath keeping into your life usually takes months or years, not weeks. Just start small and aim at joy.

Here's a short guide to planning out your next Sabbath.

When will you sabbath? (Include your start and end time)

How will you mark the beginning and end of your sabbath time?

What will you do with your devices?

What do you need to do to prepare?

How will you include friends and family?

What will you do to fill your heart with joy and peace?

How can you create sabbath for those who have none?

Practice 5 - Noticing and Naming Your Emotions

The journey into emotional health involves learning to notice and name our emotions in the presence of God. When we notice and name our feelings, they have less power over us. If you were to name a painful emotion like fear, anger, disappointment, or jealousy, a brain scan would show that your very act of naming it helps to process and quiet that emotion. This is why psychiatrist Dan Siegel encourages us to “name it to tame it.”

This session’s spiritual exercise is a simple template for prayer designed to notice and name your feelings and offer them to God in prayer. Find a quiet, distraction-free place and time. Put away your phone or any devices, and settle into a comfortable but alert position. Take a few minutes to breathe and center your awareness in God’s presence. Then do the following:

~ Notice: Now that you are centered in your body and in God, begin to let yourself feel. Let whatever is in you come up. Just notice it. Don’t fight it or run away from it or feel guilty about it or judge it —just notice it. Let the feeling be.

~ Name: Then name the emotion and be as specific as possible. You may want to use the list of emotions (Companion Guide p. 69) to pick out one to three words that put language to what you’re experiencing in your body.

~ Feel: Just sit in those feelings. Sink into them. Normally, we turn away from them and run in the opposite direction. Instead, turn and face them, like you would an ocean wave, and let it wash over you and then pass you by.

~ Offer it to God: Remember and follow Jesus’ Gethsemane Prayer.

- Give God your feelings — Tell him what you are feeling, with no filter.
- Give God your desires — Tell him what you really want, good or bad.
- Give God your trust — Surrender your heart again to him. Stop grasping for control and yield yourself to God and his will for your life. You may want to pray Jesus’ own prayer, “Not my will, but yours be done.”

You can do this exercise one time before the next session, or every day. It’s also an exercise you can practice for the rest of your life, to open deeper and deeper parts of your inner world to God.

Practice 6 - Confession

We heal from sin by coming out of hiding. This is why this session, almost more than any other, must be put into practice. The practice of naming your sin to another person is what the writers of the Bible call “confession.”

When we feel guilt and shame because of something we’ve done or not done, confession is likely the last thing we feel like doing.

But the path to being free from shame involves being open and transparent with someone we trust. In James 5:16 we read, “Confess your sins to each other and pray for each other so that you may be healed.” When we name our sin or shame or secret with a trusted person, we can experience healing.

The practice is simple:

- ~ Find someone you trust who will both love and accept you, and call you up to holiness. This could be a spiritual friend, community member, pastor, spiritual director, or therapist.
- ~ Find a place to meet that is private enough for you to feel safe and at peace.
- ~ Name your sin or shame or secret. Tell them the sin done by you, to you, or around you.
- ~ Let them love you, be faithful to you, and speak Jesus’ forgiveness over you. For those of you hearing a confession, your role is very important. Don’t shame or lecture or scold, just welcome in love.

Continue this practice on a regular basis, and keep the conversation going.

Practice 7 - Crafting a Rule of Life

Now we're ready to take all the ideas we've been learning and "put it into practice" by writing our own Rule of Life.

There's no "right way" to craft a Rule of Life, and there's no one-size-fits-all approach to spiritual formation. The goal is to write a Rule that is customized for your unique personality, situation, and community.

To that end, we've created a digital tool called the **Rule of Life Builder**. Go to practicingtheway.org and log in. Click on the Rule of Life Builder and follow its prompts. It will guide you through daily, weekly, monthly, and seasonal practices in a number of categories.

You can utilize the suggestions, write yours completely from scratch, or do a mix of both.

Remember: start small. Your Rule can begin with just a few small practices and rhythms.

In this Course, we've covered three basic rhythms:

~ Daily prayer rhythm including reading of Scripture & quiet solitude.

~ Weekly Sabbath.

~ And next session, we'll invite you to a weekly touchpoint in community.

You can continue these practices and add, subtract, and edit as you sense the Spirit's direction.

A Rule of Life isn't static, but dynamic. It changes with the seasons of our lives and stages of our discipleship. This digital template is easy to return to and modify. As time goes on, revisit your Rule and take the next step in your spiritual journey.

You can do this exercise one time before the next session, or every day. It's also an exercise you can practice for the rest of your life, to open deeper and deeper parts of your inner world to God.

Practice 8 - Do Life in Community

Jesus' call to community isn't a theory or an idea, it's a practice — a relational way of doing life together. Jesus would preach to crowds of thousands, but he spent most of his time with a small circle of disciples, in homes and around tables.

It's important to worship in church on Sunday and be part of a larger community, but it's just as important to know and name your "twelve" and your "three." To cultivate spiritual friendships that last for years. So our final practice is to identify our intentional community and begin to meet with them regularly.

- ~ Identify a community to meet with regularly.
- ~ This community could be with just one or two others, or a dozen or more.
- ~ We recommend you meet weekly, but it could be bi-weekly or monthly.
- ~ We also recommend you share a meal when you meet. The act of "breaking bread" is central to the Christian way. Something powerful happens when we eat together.

But remember, there's no one "right" model for you to follow. You may choose a house church with 20 kids running around a backyard on a Sunday afternoon or a small triad for group spiritual direction early in the morning.

We encourage you to follow the pathway of your church — whether in a small group, table community, or house church, or a women's or men's Bible study.

You could follow this Course with any of the nine Practices available from Practicing the Way, share a weekly meal and pray for one another, or work through other resources.

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JesusCollege.com provides (23) additional free courses for guilds of apprentices to learn to follow the Master Jesus in His school of life.

(23) Courses & More Resources from Jesus College

[The Divine Conspiracy](#) - (2) courses

The Divine Conspiracy - In-depth, extended study of the book (31 sessions)

"The Divine Conspiracy - An Overview" highlighting key principles (6 sessions)

[Renovation of the Heart](#) - (2) courses on the book & a Dallas teaching series

Renovation of the Heart - Whole Life Spiritual Transformation book (13 sessions)

"Healing the Heart and Life by Walking with Jesus Daily" video (12 sessions)

[Courses on Dallas' Books](#) - (7) courses

The Spirit of the Disciplines - Understanding How God Changes Lives (11 sessions)

Hearing God - Developing a Conversational Relationship with God (10 sessions)

The Scandal of the Kingdom - The Parables of Jesus (15 sessions)

The Allure of Gentleness - Apologetics in the Manner of Jesus (7 sessions)

Knowing Christ Today - Knowledge of Jesus for Daily Life (8 sessions)

Life Without Lack - Living the 23rd Psalm (9 sessions)

Becoming Dallas Willard - biography (9 sessions)

[Courses on Dallas Speaking](#) - (12) courses from (13) teaching series by Dallas

"Beyond Belief" - 2 days at an American church (9 sessions)

"The Human Side of Holiness" - 5 days at Denver Seminary (17 sessions)

"For Such a Time as This" - 3 teachings on Ministry Leadership (6 sessions)

"Jesus Worldview" - 2 Dallas teachings (3 sessions)

"The Genius of Jesus" - 2 teachings at Ohio State University (4 sessions)

"Nietzsche vs. Jesus" - 2 sessions based on Dallas' Veritas Forum, Stanford, 2002

"The Problem of Evil" - 3 sessions focused on 3 chapters from Dallas' books

"Spiritual Formation & Salvation" - 1 teaching at Wheaton College (3 sessions)

"Jesus, Dallas & NT - The Gospel" - 3 sessions including NT Wright's teachings

"Jesus, Dallas & NT: The Book of Acts" - 4 sessions including NT Wright's teachings

"Jesus, Dallas & NT - Romans 8" - 3 sessions based on teaching by Dallas & NT Wright

"Advent with Dallas Willard" - 3 sessions on a sermon and devotionals by Dallas

[Speaking Sessions](#) - 52 Dallas Willard resources featuring 117 teaching sessions with 800+ pages of notes (general Dallas speaking *not* Jesus College courses).

Master's in the Master Spiritual Transformation Training

The Jesus College Master's in the Master is a biblical, realistic, practical method to foster "Christlikeness" in ordinary people who take their transformation seriously. *This is not an accredited degree but we don't know of a curricula from which you can gain both knowledge and character of Jesus.* The Master's in the Master offers a Jesus centered, wisdom guided, community* engaged, mentor** supported, daily life integrated, spiritual growth plan.

CURRICULUM — The Master's is built on (15) courses varying in length from 3 to 31 sessions per course based on the books and teachings of Dallas Willard. Choose from a syllabus of (23) courses {on the previous page} ready-to-watch today in the JesusCollege.com library. Some courses are offered again "live".

CALENDAR & TIME - The Master's is an individually paced time frame based on when you start and how often you participate in "live" courses or watch recordings of the sessions. We use the word "cohort" but there is not a set group - "no freshman class" - nor pre-set time to commence or complete your Master's. This is an independent study and growth training effort. We estimate for serious participation 3+ hours per week over a timespan equal to the 3+ years Jesus walked with His disciples. *3+ hours weekly for 3+ years.* Again, this is your preferred pace NOT according to a Jesus College calendar or semester syllabus.

COMMUNITY — We seek to facilitate connection with our students to engage and enjoy rich diversity of the Jesus College student body of Christ from over 60 countries.

COST — The Master's in the Master training is offered for FREE by Jesus College. Additional personal coaching, church consulting and training, teaching or preaching at your location or virtual venue are available from Jesus College at pre-determined costs between the two parties. Financial donations are welcomed for to us help offer free resources to further the Kingdom of God through Jesus College. [Jesus College/DONATE](http://JesusCollege.com/DONATE) is a safe and secure method.

COMMENTS from Jesus College Students:

- Tony from England, "In brief, these courses have changed my view on discipleship. I feel myself a new creation."
- Pastor Oladipo from Sierra Leone, "I've participated in all the courses except one. It has impacted my ministry strongly because we are fine tuning our church to become a church who really does what Jesus said. The whole experience has been personally transforming for me personally and in my ministry. In time we can become the example of the kind of church Dallas has said he has never seen."
- Judy from Virginia, "I'm definitely interested and I've loved everything you have offered. Everything! The idea of experiencing this with other people face-to-face is very appealing to me."
- Don from Canada, "This Jesus College vision is on the leading edge for the future of the Christian community."

For information on the courses, a plan worksheet for your custom Master's V-I-M, or a personal consult with Doug Webster to discuss your desired spiritual training and growth, email us — info@JesusCollege.com

Jesus College Postscript

Thank you and God bless you for venturing further up, further in the Kingdom Among Us. We trust you received a fresh hearing of Jesus through the mind and soul of a humble follower of Jesus in Dallas Willard alongside a cadre of the crucifixion of friends from around the world. May your quietly transforming, conversational friendship with God immersed in the Trinitarian community be pervaded with joy, relaxed with shalom, and filled with agape, as you become the kind of apprentice of Jesus who willfully seeks the good of God, others and yourself.

The free study guide was prepared by Jesus College. We welcome your comments, suggestions and ideas on how we might better help you strengthen your apprenticeship with Jesus in the With-God life with the soul, sole, and eternal goal of Christlikeness. info@JesusCollege.com

Donor support empowers Jesus College to offer this course for FREE through our global, non-profit ministry to the Jesus College student body of Christ.

We welcome your financial partnership. Donations can be processed through this safe website link — [Jesus College/DONATE](https://JesusCollege.com/DONATE).

